

# 3 ways to give thanks

1. Instead of focusing on what we have been given, this Thanksgiving focus on the eternal Giver – God our Father. Go to Mass as a family on Thanksgiving morning and give thanks for his love and mercy!
2. Gather brightly colored leaves, acorns and mums for an autumn centerpiece. Find smooth white or gray rocks and paint the names of your loved ones who have died on them, and then include them in the center of your table.
3. Our culture has convinced us that the week after Thanksgiving should be dedicated to shopping. Instead of buying more “stuff” this week, talk as a family about ways you want to spend time with the people you love in the coming month of December. Who needs a visit? How might you connect with a family who has fallen on economically difficult times?