

# Black History Month activities for Catholic families

Here are a few ideas for making Black History Month an opportunity for learning and sharing about our rich Catholic traditions with your family.

## Pray together

Use this [Black Catholic Rosary via the USCCB](#). (Link opens a PDF file.) Each set of mysteries has a theme and each decade builds on that theme. There's a special prayer for each mystery. Praying this rosary is a beautiful way to learn and reflect on Black History.

## Learn about Black Catholics

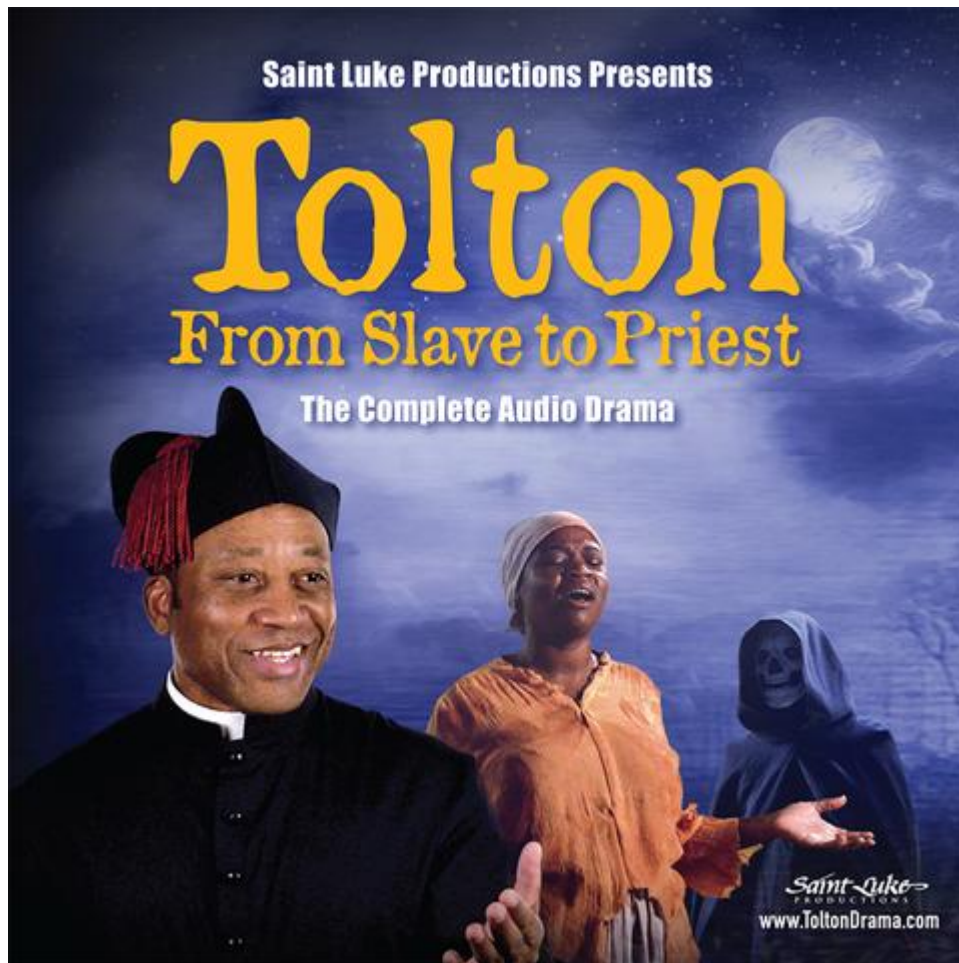
The National Black Catholic Congress has put together a [list of noteworthy black Catholics](#). Here are just a few saints from this list:

- St. Anthony the Great of Thebes
- St. Antonio Vieira
- St. Augustine
- St. Benedict the Moor
- St. Bessarion
- Sts. Felicitas & Perpetua
- St. Josephine Bakhita
- St. Katharine Drexel
- St. Martin de Porres
- St. Monica
- St. Moses, the Black
- St. Peter Claver
- Sts. Valentine & Dubatatus
- St. Victoria

You'll also find [short biographies of Black Catholics here](#).

Here's [a short video for you to learn more about the people of African descent who are on the path to sainthood](#):

Have time in the car? What about an audio drama download? [St. Luke Productions has a download available that tells the story of Fr. Tolton](#), who went from slave to priest.



This is a complete audio performance by actor Jim Coleman. It takes you through the experience of Augustus Tolton's escape from slavery, his struggle to become a priest, his courage in the face of persecution, and his triumph in the face of death.

Want more? [Read about the History of African-American Catholics here](#).