

# Eucharist means Thanksgiving

Every Sunday at Mass we give thanks for the family we have in Jesus Christ and for the love and forgiveness Christ manifests. At this celebration there is a meal, but there is no turkey, pie or mashed potatoes. Rather, when we gather around Christ's table for Eucharist, we are invited to receive the real presence of Jesus Christ, to take and eat his body and blood in remembrance of his love and sacrifice. Through the bread and wine we are spiritually fed.

We gather together each week because that is what families do. It is with this family, called together by Christ, that we are able to fully celebrate and remember Christ's sacrifice for us in the Eucharist, the most important meal of all.