January and the Holy Name of Jesus

The month of January is traditionally dedicated to the Holy Name of Jesus, and on January 3, we celebrated the feast of the Holy Name of Jesus. Here's why the feast – and the name of Jesus – are so important.

Here in the Midwest, January is usually a month of cold and dark. So there's an appeal to focusing on the sun…or the Son, as it were.

If you're crafty, grab a paper plate, some construction paper, and a few letters, and try your hand at making a version of this, from Dawn at By Sun and Candlelight:



CatholicMom.com has a craft, too, and all you need is a printer, scissors, construction paper, and glue (or tape).



Another fun idea, from Lacy at Catholic Icing, is to use the tune of "BINGO" and replace the letters:

> *There was a Virgin who had a Son and Jesus was his name-o. J-E-S-U-S, J-E-S-U-S, J-E-S-U-S and Jesus was his name-o.*

Pray the Jesus Prayer this month. It's short and simple, and it could be just the thing for the trip to school, for the bedtime pause, for the odd moment you have – with or without the kids! Here it is:

> *Lord Jesus Christ, Son of God, have mercy on me, a sinner.*

Do you have a link or resource to share? Send it to us at

takeout@osv.com so we can share it in a future issue!