

# The Rosary: Mysteries

## To pray the Rosary:

1. Make the [Sign of the Cross](#) and pray the [Apostles' Creed](#).
2. Pray an [Our Father](#).
3. Prayer three [Hail Marys](#) and one [Glory Be](#).
4. Announce the mystery and pray the [Our Father](#).
5. Pray ten [Hail Marys](#) and one [Glory Be](#).
6. Pray the [Hail, Holy Queen](#).

## THE JOYFUL MYSTERIES

*(Mondays and Saturdays)*

As we hold our rosary and pray the Hail Mary over and over again, we think about happy times in Mary's life. We call these the Joyful Mysteries.

**The Annunciation:** The angel Gabriel asks Mary to be the Mother of Jesus.

**The Visitation:** Mary visits her cousin Elizabeth. Elizabeth's baby (St. John the Baptist) recognizes Mary's baby (Jesus). Both babies are still in the womb!

**The Nativity:** Mary gives birth to Jesus in a manger.

**The Presentation:** Mary and Joseph take Jesus to the Temple, and Simeon and Anna recognize Jesus as the Messiah.

**The Finding in the Temple:** Mary and Joseph fear Jesus is lost. They find him teaching in the Temple.

## THE LUMINOUS MYSTERIES

*(Thursdays)*

As we pray the Hail Marys, we think about the public ministry

of Jesus. We call these the Luminous Mysteries. Luminous means light. Light helps us to understand.

**The Baptism of Jesus:** Jesus is baptized by John the Baptist in the Jordan River.

**The Wedding at Cana:** Jesus turns water into wine at a wedding celebration.

**The Proclamation of the Kingdom:** Jesus talks about putting God first in our lives.

**The Transfiguration:** Jesus takes Peter, James and John up on a mountain. He talks with Moses and Elijah. He is shining.

**The Giving of the Eucharist:** Jesus gives us his Body and Blood for the first time at the Last Supper.

## **THE SORROWFUL MYSTERIES**

*(Tuesdays and Fridays)*

As we pray the Hail Mary over and over again, we think about the very difficult times in Jesus' life. We call these the Sorrowful Mysteries.

**The Agony in the Garden:** Jesus prays in the Garden of Gethsemane, but his disciples fall asleep.

**The Scourging at the Pillar:** Jesus is arrested and taken to the jail where the soldiers make fun of him and whip him.

**The Crowning of Thorns:** The soldiers take a thorny vine, wind it in circles and press it on Jesus' head.

**The Carrying of the Cross:** Jesus is forced to carry the heavy wood of the cross.

**The Crucifixion:** Jesus is nailed to the cross.

## THE GLORIOUS MYSTERIES

*(Wednesdays and Sundays)*

As we pray the Hail Marys, we think about the wonderful times in Jesus' life and in Mary's life after the Crucifixion. We call these the Glorious Mysteries.

**The Resurrection:** Jesus rises from the dead.

**The Ascension:** Jesus ascends to heaven after telling his disciples that he will be with them in Spirit forever.

**The Descent of the Holy Spirit:** The Holy Spirit comes as a wonderful gift from Jesus to teach our hearts and minds about God.

**The Assumption:** Mary is taken up into heaven, body and soul.

**The Coronation:** God gives Mary a special place in heaven, crowning her Queen of Heaven and Earth.